

Name: \_\_\_\_\_

# Make-Your-Own FOG Can

Use the printable label on the right to create your own FOG Can.

## What's a FOG Can?

FOG stands for Fat, Oils and Grease. When poured down sinks, FOG can clog sewers! That's why we should:

1. Cool it if it's hot and
2. Pour it in a FOG Can instead.

Get your family in the habit by showing them how to properly dispose of FOG in the kitchen. Keep FOG Cans handy and keep drainpipes and sewers clean! When your FOG Cans are full, throw the contents in the trash or compost.



## PREPARATION:

Collect empty soup or vegetable cans. If enlisting children's help, send a note home asking adults to be sure to dispose of any sharp lids in advance.

## MATERIALS:

- Empty soup or vegetable cans
- Computer printer (b/w) and paper
- Colored markers
- Scissors, clear tape, glue sticks
- Recycled magazines or newspaper circulars



FOG  
Fat, Oils and Grease



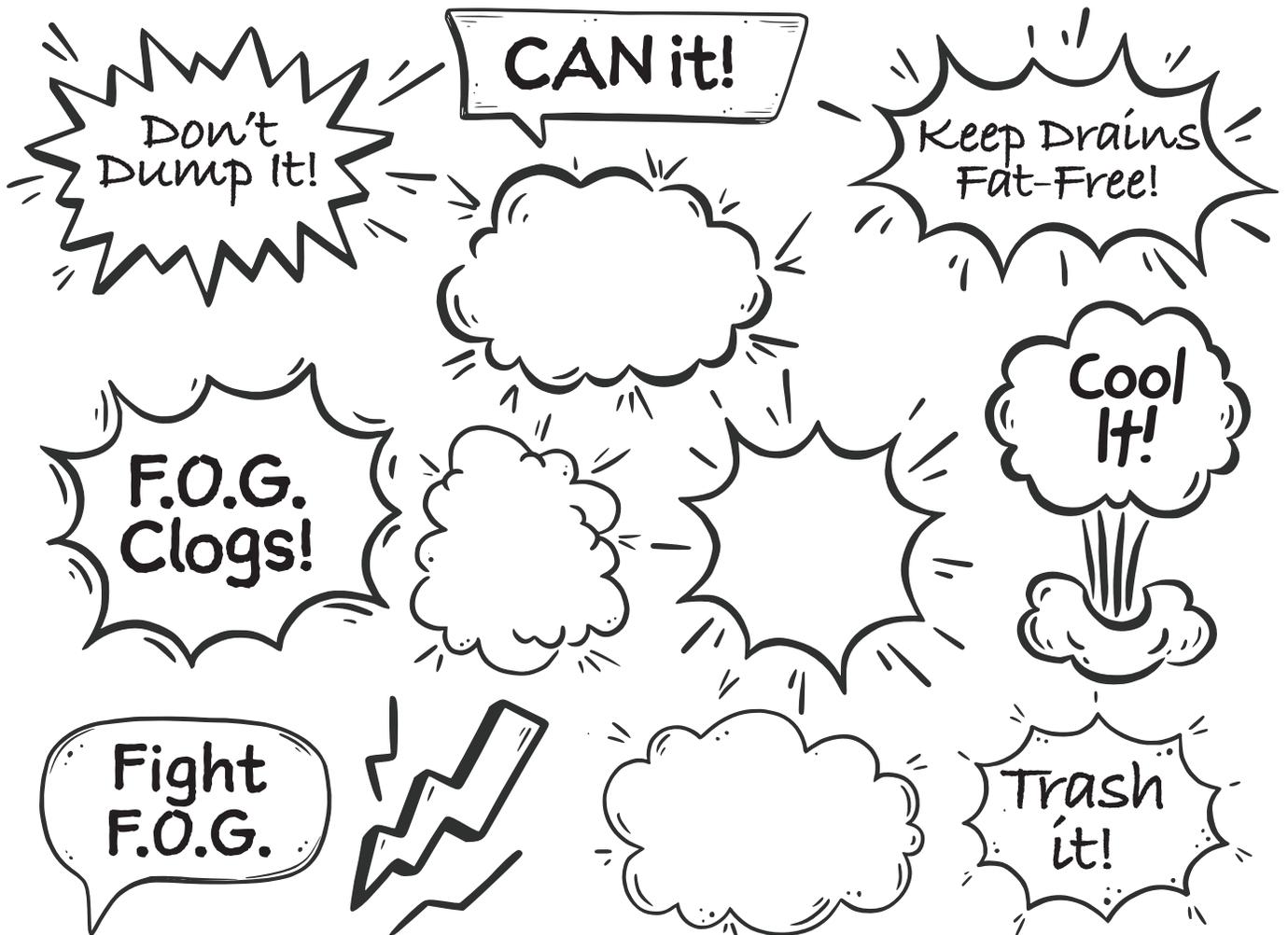
CUT ALONG DOTTED LINE



# Make-Your-Own FOG Can continued

## INSTRUCTIONS:

1. Print out the FOG Can label from the first page.
2. Cut along the dotted line. If it's too big, trim the paper.
3. Decorate your label BEFORE sticking it on the can. Add some of the “stickers” below and color them in. Draw your own illustrations and write your own labels if you like.
4. Wrap the decorated label around your can and use tape to stick it in place.
5. Bring your can home or give it to a relative. Tell family and friends why it's important to dispose of FOG in the trash or compost, not down the drain:
  - a. **FOG causes clogs!** Clogs are bad for pipes and sewers.
  - b. **Clogged sewers can cause water pollution.** This harms animal habitats.
  - c. **Use FOG Cans to help keep our pipes and waterways clean.**



Look for the **DO NOT FLUSH** symbol and never flush disposable wipes or trash down the toilet.



**DO NOT POUR** Fat, Oils and Grease down the drain.



DO NOT FLUSH